



MANIFESTATION & INNER PEACE

WORKSHOP

What is the workshop about?

This workshop is about the manifestation of your inner desires. It teaches us to get in contact with our Inner Being and thus creating inner peace.

This workshop involves “Forgiveness”. We will be doing some deep meditation to release our long held guilt and anger so that we are willing to forgive ourselves and those that we need forgiving.

One part of the workshop is called “Learning to be Human”. We already are human you may say but the information that I received shows that we are not doing it right!

We will be doing an exercise to connect Mother Earth to ourselves so that Mother Earth can do all she needs to do to connect to Father Sky and by doing this we will be learning how to manifest or co-create with Spirit.

There will be a very deep meditation that is along the lines of an energy modality that I have been using for 15 years that some of you have heard of and experienced from me over the years. It is called Sha-Ki-Ra. This will enable you to connect to your primary guide.

This will be a one day workshop that I hope we will all have fun and find very fulfilling.

Where did I get this information for the workshop from?

I went to Barmah Forest in Victoria on my birthday which was a sickle moon. I was born on the sickle moon and have found it to be my “special” time. I have a primary guide named Pen Gough and I have been channelling him for 15 years. He gave me this information as it is informative for these times that we live in.